



The Lincoln Leader

December 2019

Lincoln Elementary School

Principal: Brooke Bargender (715) 387-1296

From the principal.....

This year over 95% of our parents attended Parent Teacher Conferences. Thank you for your continued support and involvement at Lincoln Elementary. When we work together, student achievement is greater!

Happy Holidays!

Mrs. Bargender

December Dates to Remember...

December 11	Pizza w/ Principal 3H
December 11	School Board Meeting
December 18	Pizza w/ Principal 3K
December 19	Concert K & 1 @ 1:30
December 19	Concert 2 & 3 @ 6:30
Dec 23 -Jan 1	Winter Break
January 2	Classes Resume
January 21	End of 2 nd Quarter

Student Drop-Off

When dropping off your children in the circle drives please pull as far forward as possible!

This will allow more vehicles into the circles and prevent traffic from backing up on Felker Avenue & 17th Street.

For safety please have your children exit the vehicle on the passenger side.

Finally, there is no parking in the circle drive! Unattended vehicles are subject to ticketing from the police.

Winter Reminders

This is the time for the yearly reminder to students and parents that we will be going outside for recess unless the temperature or the wind chill is below zero. Therefore, it is imperative that children dress appropriately for the weather. Hats, gloves, boots, snowsuits/pants, winter jackets! All children are expected to go outside for recess. Parents check the forecast and check your student before they leave for school to see they are properly dressed for the weather.

****Volunteers****

A Background Check will be completed on all volunteers by the School District of Marshfield or its agencies. Approved volunteers will need to be reapproved on an annual basis to participate on field trips and every 3 years for in-classroom supervised activities and to eat lunch with your children. Applications must be submitted to the District at least 2 weeks prior to the volunteer opportunity.

Forms are available in the school office or online at marshfieldschools.org

Morning Nutrition

Lincoln School continues to offer the Grab and Go Breakfast. Students can eat breakfast from 7:30 – 7:45 AM each morning. The cost is \$1.35 per day.

Report Cards

DID YOU KNOW....Report cards can now be found on your child's Skyward Family Access (under "Portfolio"). If you do not have internet access or if you need help logging into Skyward Family Access, please contact the school office.

Thank You...PTO!

Thanks to the Lincoln PTO for the great supper provided for the staff during conference week.

The Scholastic Book Fair was a success again this year.

Smart Snacking Tips for Kids

Snacks can play an important role in meeting kids' nutritional needs. With the upcoming holiday festivities, eating healthy becomes more challenging than usual. It helps to plan and portion out snacks in advance. Choosing foods from all of the food groups will give kids the energy they need between meals. Letting kids help prepare healthy snacks makes them more likely to eat them.

Here are a few Easy, Tasty, & Healthy Snacks to help get you started:

1. **Parfait:** Layer vanilla or plain low-fat yogurt with fruit and dried cereal.
2. **Toast a whole grain waffle** and top with low-fat yogurt and sliced fruit or smooth nut butter.
3. **Blend low-fat milk**, frozen strawberries and a banana for a delicious smoothie.
4. **Sandwich cut-outs:** Make a sandwich on whole grain bread. Cut out your favorite shape using a cookie cutter. Eat the fun shape and the edges, too!
5. **Mini-pizza:** Toast a whole wheat English muffin, drizzle with pizza sauce and sprinkle with low-fat mozzarella cheese.
6. **Frozen Treats:** Mix equal amounts of fat-free plain or flavored yogurt with 100% fruit juice, then pour into paper cups and freeze for a tasty treat.
7. **Quesadilla:** Sprinkle shredded cheese over a corn or whole wheat tortilla; fold in half and microwave for twenty seconds. Top with salsa.
8. **Spread hummus** on a tortilla. Top with a slice of turkey or ham, low-fat cheese and lettuce. Then roll it up.
9. **Stuff a whole-grain pita pocket** with ricotta cheese and Granny Smith apple slices. Add a dash of cinnamon.
10. **Rocky Road:** Smear low-fat chocolate pudding on a whole grain graham cracker and top with a marshmallow.
11. **Microwave a small baked potato.** Top with reduced-fat cheddar cheese and salsa.
12. **Spread celery sticks** with smooth nut butter or low-fat cream cheese. Top with raisins. Enjoy your “ants on a log.”
13. **Dip slices of fruit** or whole-grain graham crackers into low-fat vanilla pudding or yogurt.
14. **Sprinkle cinnamon** on unsweetened applesauce and enjoy with a whole grain graham cracker for a taste similar to apple pie.
15. **Whip up Mini-Muffins** using healthy ingredients, like whole grain flours and pureed fruit.

Find more healthy eating tips at: www.kidseatright.org

Have a healthy, safe, and enjoyable holiday season!

Mrs. Voss & Mrs. Akin, District Nurses



District and School Report Cards

The Department of Public Instruction (DPI) generates a School Report Card and District Report Card for every publicly funded school and district in the state. The public report cards can be found online at: <http://dpi.wi.gov/accountability/report-cards>. The Report Cards are intended to help schools and districts use performance data to target improvement efforts and ensure students are ready for their next educational step—including the next grade level, graduation, college, and careers.

The current **School Report Card is primarily based on last year's performance, the 2018-19 school year**. At the foundation of the report cards are four priority areas. Schools and districts receive a score for each priority area:

- **Student Achievement** proficiency in English Language Arts (ELA) and mathematics on the annual state assessments
- **School Growth** measured by year-to-year progress in ELA and math achievement
- **Closing Gaps** in performance between specific student groups (comparing English language learners, low-income students, students with disabilities, and members of a racial or an ethnic group with their peers)
- **On-Track and Postsecondary Readiness** showing reliable predictors of how many students are on-track to graduate from high school and student readiness for post-high school success

Schools and districts are also evaluated on their level of student engagement – chronic absenteeism rates and dropout rates – when applicable.

The priority area scores are aggregated into an overall accountability score, from 0 to 100. This score is displayed in the top left corner of the School or District Report Cards. It is important to note that the 0 to 100 accountability score is not a “percent correct” measurement. Based on its score, a school or district receives one of five rating categories, from *Fails to Meet Expectations* to *Significantly Exceeds Expectations*, as well as corresponding one to five stars.

DPI has produced two versions of each Report Card: a quick one-pager labeled “School Report Card” and lengthier, detailed version labeled, “School Report Card Detail.” Both versions can be accessed online at <http://dpi.wi.gov/accountability/report-cards> along with resources that explain the report cards.

Recipes for Success

Practical Activities to Help Your Child Succeed

School District of Marshfield

Kim Ziembo, Director of Teaching & Learning

DECEMBER 2019

Refrigerator Poster

Just hang your *Recipes* poster on the refrigerator and sneak in an activity when you have a few minutes. These fun activities will help develop school success and positive behavior. Check off each box as you complete the "recipe."

READING Sketch a story

Strong readers visualize what's happening in a story. Boost your child's comprehension by having him draw what he "sees" as you read aloud to him.

Ingredients: picture book, paper, crayons or colored pencils

Read the book without showing your youngster the illustrations. Encourage him to listen for details and use them to draw pictures. Perhaps the book describes a character's messy room. He could draw the unmade bed, clothes falling out of open dresser drawers, and toys all over the floor. Or if the book is set on a farm, he might draw the barn, animals, and cornfield.

Now show him the pictures in the book and let him compare them with his drawings to see how well he visualized.

VOCABULARY Word checkers

Play this twist on checkers to help your child review vocabulary words.

Ingredients: word list or textbook, poster board, marker, checkers, dictionary

First, have your youngster draw an 8 x 8 grid on poster board. He should write a word from his list or textbook glossary in every other square (the squares that would be black on a checkerboard).

Then, put your checkers on the squares with words, and play with this twist: To jump over a square and capture the other person's piece, a player must correctly define the word in the square. (Use a dictionary or your child's textbook to check.) The first person to capture all his opponent's pieces wins.

CREATIVE THINKING Act it out

How would a robot vacuum a room? What might a sloth look like riding a skateboard? Spark your youngster's imagination with this game.

Ingredients: index cards, pencil

On separate index cards, have your child write names of animals or things she might pretend to be. *Examples:* robot, dolphin, dragon, sloth. Mix up the cards, and stack them facedown.

Now name a situation for her to act out, such as vacuuming or doing skateboarding tricks. She draws a card and, without showing it to you, acts out the scenario while pretending to be whatever is on the card. If she's a robot, maybe she'll walk stiffly while pretending to vacuum. Can you figure out which card she drew? Then, trade roles.

PRIME NUMBERS

A prime number's only factors (numbers that can be multiplied to equal it) are 1 and itself. Have your child number paper squares 1-25 and make a two-column chart for "Prime" and "Composite" (numbers that aren't prime). Take turns choosing a square. Then place it in the correct column, and check your choice by finding its multiples.

HEALTH

Teach your youngster to eat healthy portions by reading the serving size on nutrition labels. Then, she could measure it out—say, by putting 20 mini pretzels in a bowl for each of you. Now enjoy a snack together.

Recipes for Success

Practical Activities to Help Your Child Succeed

DECEMBER 2019

Character Corner

MATH Clever clips

Your youngster will need subtraction know-how, and a little luck, to win this game.

Ingredients: paper clips, playing cards (face cards removed, ace = 1), bowl

Each player gets 50 paper clips. Shuffle the cards, stack them face-down, and set out the bowl. On each turn, a player draws two cards and subtracts the smaller number from the larger one. So if your child draws 10 and 3, she would say "10 - 3 = 7." She discards that many paper clips (7) into the bowl. (If the numbers are equal, don't discard any clips.)

The winner is the first player to run out of paper clips—by exact count or not.



SPEAKING

Does your child know how to join a conversation? Role-play so he feels confident. He should listen and wait for a pause. Then, he can make a relevant comment ("I liked that movie, too") or ask questions ("Which scene was your favorite?").



RESEARCH

Help your youngster learn to narrow a report topic. Name a broad topic (say, weather), and go back and forth, being more specific each time. Example: winter weather, snow, blizzards, historic blizzards. She'll get more targeted results when she does research.



GEOMETRY

Go on a geometry hunt at a park. Your youngster can look for shapes: sphere (ball), rectangle (tennis court), or triangle (swing-set frame). Or he could try to find as many right angles (90°) as possible, perhaps at the corners of the picnic table and the sandbox.



MANNERS

Let your child draw small circles around the edges of an index card. When you notice him using good manners (perhaps by saying, "Please pass the potatoes"), he gets to hole-punch a circle. Once all the holes are punched, he can illustrate the card and start a new one.



LEADERSHIP

Boost your youngster's leadership skills by letting her delegate tasks to family members. Before a trip to the grocery store, she might ask you to make the list, then have her brother clip coupons while she packs up the reusable bags.



LOYALTY

Have your child think of ways to show loyalty to others if he hears gossip about them. He might say, "We don't know that for sure." Or he could simply change the subject: "Hey, let's go do a puzzle."



PHONICS

Choose a letter combination, such as sch, br, or th. Take turns thinking of words that include the combination in the beginning (school), middle (vertebrate), or end (tooth).



Congratulations!

We finished _____ activities together on this poster.

Signed (parent or adult family member)

Signed (child)

Recipes for Success

Actividades prácticas que contribuyen al éxito de su hijo

School District of Marshfield

Kim Ziembo, Director of Teaching & Learning

DICIEMBRE DE 2019

LECTURA Dibujar una historia

Los buenos lectores visualizan lo que sucede en una historia. Refuerce la comprensión lectora de su hijo pidiéndole que dibuje lo que "ve" mientras usted le lee.

Ingredientes: libro de imágenes, papel, crayones o lápices de colores
Lea el libro sin enseñarle las ilustraciones a su hijo. Anímelo a que escuche prestando atención a los detalles y a que los use para dibujar imágenes. Tal vez el libro describa la desordenada habitación de un personaje. Podría dibujar la cama sin hacer, ropas saliendo de los cajones de la cómoda y juguetes por el suelo. Si el libro tiene lugar en una granja, podría dibujar el establo, los animales y el maíz.

A continuación enseñe las imágenes del libro para que las compare con sus dibujos y vea si lo visualizó bien.

VOCABULARIO Damero de palabras

Jueguen a esta variación del juego de las damas para que su hijo repase las palabras del vocabulario.

Ingredientes: lista de palabras o libro de texto, cartulina, marcador, fichas de damas, diccionario

En primer lugar, dígame a su hijo que dibuje una cuadrícula de 8 x 8 en una cartulina. Debe escribir una palabra de su lista o del glosario de un libro de texto en cuadrados alternos (los cuadrados que serían negros en un tablero de damas).

A continuación, coloquen sus damas en los cuadrados con palabras y jueguen con esta variación: Para saltar sobre un cuadrado y capturar la pieza de la otra persona, un jugador debe definir correctamente la palabra del cuadrado. (Usen el diccionario o el libro de texto de su hijo para comprobarlo.) Gana el primer jugador que capture todas las piezas de su adversario.

PENSAMIENTO CREATIVO Representalo

¿Cómo aspiraría una habitación un robot?
¿Qué aspecto tendría un perezoso sobre una patineta? Despierte la imaginación de su hija con este juego.

Ingredientes: fichas de cartulina, lápiz
Que su hija escriba en fichas de cartulina los nombres de los animales o de las cosas que podría imaginarse. Ejemplos: robot, delfín, dragón, perezoso. Mezclen las fichas y pónganlas boca abajo.

Diga luego una situación para que ella la represente, como pasar la aspiradora o hacer trucos con la patineta. Ella saca una ficha y, sin enseñársela a usted, representa la situación mientras hace lo que tenga en la ficha. Si es un robot, podría caminar muy tiesa mientras hace como si aspirara. ¿Puede usted adivinar qué ficha sacó? A continuación, cámbiense los papeles.

Cartel del Refrigerador

Coloque este cartel de Recetas en el refrigerador y haga una actividad cuando tenga unos minutos libres. Estas amenas actividades contribuirán al triunfo en la escuela y a desarrollar un comportamiento positivo. Ponga una marca en cada casilla cuando termine la "receta".

NÚMEROS PRIMOS

Los únicos factores de un número primo (números que al multiplicarse lo obtienen como resultado) son 1 y el mismo número. Dígame a su hijo que escriba 1-25 en cuadrados de papel y hagan una gráfica de dos columnas para "Primos" y "Compuestos" (números que no son primos). Elijan un cuadrado por turnos. Luego colóquenlo en la columna correcta y comprueben su elección hallando sus múltiplos.

SALUD

Enseñe a su hija a que coma porciones sanas leyendo el tamaño de la porción en las etiquetas nutricionales. A continuación puede medirlas, por ejemplo colocando 20 mini pretzels en un recipiente para cada uno de ustedes. Luego disfruten de la golosina.

Recipes for Success

Actividades prácticas que contribuyen al éxito de su hijo

DICIEMBRE DE 2019

Rincón del Carácter

MATEMÁTICAS Hábiles clips

Su hija necesitará saber restar, y un poco de suerte, para ganar este juego.

Ingredientes: clips para papel, naipes (sin figuras, as = 1), recipiente

Cada jugador recibe 50 clips de papel. Barajen los naipes, pónganlos boca abajo y preparen el recipiente. En cada turno una jugadora saca dos naipes y resta el número más pequeño del más grande. Así que si su hija saca 10 y 3, debería decir "10 - 3 = 7". Entonces pone ese número de clips en el recipiente (7). (Si los números son iguales, no desechen ningún clip.)

Gana la primera jugadora que se quede sin clips, por cuenta exacta o no.



LENGUA

¿Sabe su hijo cómo unirse a una conversación? Represéntelo para que adquiera confianza. Debería escuchar y esperar una pausa. Luego puede hacer un comentario relevante ("A mí también me gustó la película") o hacer preguntas ("¿Cuál fue tu escena favorita?").



INVESTIGACIÓN

Ayude a su hija a acotar el tema de un trabajo. Diga un tema amplio (por ejemplo, el tiempo) y díganlo una y otra vez siendo cada vez más específicos. Ejemplo: el tiempo en invierno, la nieve, las ventiscas, ventiscas históricas. Así cuando investigue sus resultados darán más en el clavo.



GEOMETRÍA

Vayan de caza geométrica en un parque. Su hijo puede buscar formas: esfera (balón), rectángulo (pista de tenis) o triángulo (armazón del columpio). También podría localizar tantos ángulos rectos (90°) como pueda, por ejemplo las esquinas de la mesa de picnic y del arenero.



MODALES

Que su hijo dibuje pequeños círculos alrededor de los bordes de una ficha de cartulina. Cuando lo vea usando buenos modales (por ejemplo diciendo "Por favor, pásame las papas"), puede perforar un círculo. Cuando todos los círculos estén perforados puede ilustrar la ficha y empezar una nueva.

LIDERAZGO

Refuerce las habilidades de liderazgo de su hija permitiendo que delegue tareas en los miembros de su familia. Antes de un viaje al supermercado podría pedirle a usted que haga la lista de la compra y luego decirle a su hermano que corte cupones de descuento mientras ella prepara las bolsas de la compra reusables.



LEALTAD

Dígale a su hijo que piense en formas de mostrar lealtad a los demás si escucha rumores sobre esas personas. Podría decir: "No lo sabemos con seguridad". O simplemente podría cambiar de tema: "Oye, vamos a hacer un crucigrama".



SONIDOS

Elijan una combinación de letras como sch, br o th. Piensen por turnos palabras en inglés que incluyan la combinación en el comienzo (school), en el medio (vertebrate) o al final (tooth).



¡Felicidades!

Terminamos _____ actividades juntos en este cartel.

Firmado

(padre, madre o miembro adulto de la familia)

Firmado

(hijo o hija)



LUNCH

Elementary

December 2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

V Blend Juice: Grab a carton of Cherry Star V Blend Juice and enjoy 100% vegetable juice with NO added sugar. It's made with sweet potato, pumpkin and carrot and fortified with vitamins A, C and E. This delicious juice is taste-tested and approved by students K-12!

Strawberry Mango Sidekick: A "sidekick" is a fruit smooth-frozen cup made with 100% fruit juice and NO added sugar. Try a different flavor each month!



2 Popcorn Chicken Fresh Apple Slices Peaches Crunchy Carrots Green Beans	3 Soft Shell Taco Fiesta Beans Oranges Applesauce Lettuce, Tomato Shredded Cheese	4 Mini Corn Dogs Orange Wedges Mixed Fruit Fresh Broccoli Brussel Sprouts V-Blend Juice	5 Chicken Snack Wrap Fresh Apple Mixed Berry Cup Garden Salad w/ Tomatoes Mixed Vegetables	6 Hot Cheesy Sticks w/ Marmara Sauce Fresh Grapes Pineapple Fresh Carrots Steamed Corn
9 Chicken Strips Fresh Apple Slices Delicious Pears Garden Salad w/ Tomatoes Fresh Broccoli	10 Cheeseburger Mandarin Oranges Dried Cranberries Fresh Carrots Baked Beans	11 Spaghetti w/ Meatballs Garlic Toast Orange Wedges Peaches Garden Salad w/ Tomatoes Fresh Broccoli	12 French Toast Sticks w/ Sausage Patty Blueberries & Applesauce Cucumber Slices Sugar Snap Peas Strawberry Milk	13 Creamed Chicken w/ Mashed Potatoes & Bun Mixed Berry Cup Cranberry Sauce Garden Salad w/ Tomatoes Fresh Crunchy Carrots
16 Pepperoni Pizza Apple Slices Peaches Garden Salad w/ Tomatoes Steamed Peas	17 Taco Salad Fiesta Beans Applesauce Orange Wedges Lettuce, Tomatoes, Cheese	18 Chicken Patty on a Bun Fresh Apple Pineapple Fresh Carrots Steamed Corn Kiwi Strawberry Sidekick	19 Salisbury Steak w/ Mashed Potatoes & T-Bun Dried Cranberries Pears Garden Salad w/ Tomatoes Fresh Broccoli	20 Christmas Tree Shaped Chicken Nuggets Fresh Orange Mixed Fruit Mixed Vegetables Fresh Carrots



NO SCHOOL THIS WEEK / WINTER BREAK



Farm to School

Meatless Entree

Featured Recipe

See website for food allergens, carbohydrate counts, pork product list and all featured recipes. www.marshfieldschools.org

Menus are subject to change.

This institution is an equal opportunity provider.

MEAL PRICES

Breakfast Prices:

Paid (Elementary): \$1.35
Paid (MS/HS): \$1.45
Reduced: \$0.25
Adult/Seconds: \$2.00

Lunch Prices:

Paid (Elementary): \$2.60
Paid (Middle School): \$2.75
Paid (High School): \$2.90
Reduced: \$0.40
Adult/Seconds: \$3.75
Second Entrée: \$2.25
Milk: \$0.40

Online Meal Payments

Online meal payments are now available. Payments can be made through your Family Skyward Access. If you do not have your username/password, please stop into your school office.



All of our homemade breads and buns are 100% whole grain and baked fresh daily.



Ice cold milk options available daily: fat free white, low fat white, and fat free chocolate.



BREAKFAST

Elementary

DECEMBER 2019

MEAL PRICES

Breakfast Prices:

Paid (Elementary): \$1.35
 Paid (MS/HS): \$1.50
 Reduced: \$0.25
 Adult/Seconds: \$2.00

Lunch Prices:

Paid (Elementary): \$2.70
 Paid (Middle School): \$2.80
 Paid (High School): \$3.00
 Reduced: \$0.40
 Adult/Seconds: \$3.75
 Second Entree: \$2.25
 Milk: \$0.40

ICE COLD MILK

OPTIONS:

Fat Free White
 Low Fat White
 Fat Free Chocolate
 *All Meals Include

All grain and
 bread products
 are 100% whole
 grain



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunch payments can be made to your account online via your <i>Skyward Family Access</i> . Account transactions and balances can also be tracked using your Skyward Family Access. If you need your username/password, please contact your school office.				
Pay Online				
2 Whole Grain Cereal Fruit Cup Fresh Fruit Milk	3 Yogurt Parfait HOMEMADE GRANOLA Dried Cranberries Strawberries/Blueberries Milk	4 HOT Breakfast Pizza Fruit Cup 100% Fruit Juice Milk	5 Whole Grain Muffin String Cheese Raisins Fruit Cup & Milk	6 HOT Pancake Bites 100% Fruit Juice Fruit Cup Milk
9 HOT Oatmeal String Cheese 100% Fruit Juice Dried Cranberries Milk	10 Breakfast Bread Fruit Cup 100% Fruit Juice Milk	11 HOT Fruit Strudel Fruit Cup Fresh Fruit Milk	12 Nutri-Grain Bar Nasonville Dairy Cheese Fruit Cup Fresh Fruit Milk	13 HOT Mini Waffles Fruit Cup 100% Fruit Juice Milk
16 Breakfast Kit (includes cereal, crackers and 100% Juice) Fruit Cup Milk	17 Mini Cream Cheese Filled Bagels Fruit Cup 100% Fruit Juice Milk	18 HOT Pancake Bites Fruit Cup Fresh Fruit Milk	19 HOMEMADE COFFEECAKE Nasonville Dairy Cheese Fruit Cup Milk	20 HOT Soft Filled Cereal Bar Fruit Cup 100% Fruit Juice Milk
<div> </div> 23rd – January 1st No School - Winter Break <div> </div>				
<div> Farm to School </div>				
See website for a food allergen/pork listing				

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